

# SURVEILLANCE CARE QUESTIONS

## YOUNG ADULT CANCER

How do you feel about today's appointment?



What are the next steps now that my treatment is over? When can I go back to work/school?

What is the likelihood of relapse, secondary cancers, and new chronic disease like heart disease? When will they present? How are you monitoring?

What symptoms and side effects are more likely to present at this stage? (i.e PTSD, anemia)

Who is managing my follow-up care? Can I be monitored closer to my school or work?

Are there any specialists or preventative tests needed to monitor late effects?

Is there anything I should avoid? (i.e. certain foods, alcohol, lifting heavy objects, sexual activity)

What is the balance between being careful and living in a bubble? What about pain?

Who should I call if I need to discuss symptoms while I'm home?