

SURVIVORSHIP CARE QUESTIONS

YOUNG ADULT CANCER

How do you feel about today's appointment?



What's my survivorship plan? What regular tests do I need to do to monitor my overall health?

What long-term and late effects are you monitoring?

How will you monitor and address any pain? Are there complimentary medicines available?

How do you/I distinguish between a treatment side-effect and something new?

What is the timeline from now until being considered "cured"?

Is there anything I should avoid? (i.e. certain foods, alcohol, pregnancy, heavy objects, sexual activity)

Are there clinical trials or programs to help other young adults with a similar diagnosis?

What do I need to communicate with you during this stage?